

# 4 Day Lares Valley Trail to Machupicchu

This trek is ideal for travelers wishing to get off the beaten track but still take in the breathtaking ruins of Machupicchu. It is a wonderful trek taking you through rural communities in the breathtaking Sacred Valley of the Incas. We enjoy a wide variety of flora, fauna, wildlife and spectacular scenery! On our last day we are rewarded with the magnificent Machupicchu. This is a true Andean odyssey! The most important factor is acclimatizing to the altitude. The maximum height above sea level along the trail is 4,500m, so we suggest that you spend at least 2 days in Cusco before attempting to walk the trail. During this time you can explore the wonders of Cusco .

## **Day 1: Cusco - Huaran (Sacred Valley) - Cancha Cancha**

We pick you up from your hotel and travel by bus for the 1 hour to the village of Huaran (2,840m) located in the Sacred Valley between Pisac and Urubamba. Huaran is the start of the trail. We will meet up with the horsemen and pack the horses. Leaving the Sacred Valley behind us we head northwards following a gently climbing trail that runs parallel to the small Cancha Cancha river. It is a fairly tough 4 hour up hill trek to our destination, the small village also named Cancha Cancha (3,800m) where we will spend the night. *(Lunch, Dinner)*

## **Day 2: Cancha Cancha - Quishuarani**

Leaving Cancha Cancha we continue up the valley, passing small thatched stone houses. After an hour the path flattens out before climbing steeply for the 2 hour trek to the first pass, called Pachacutec Pass (4,450m). From the pass you will be rewarded with superb views of Pachacutec Lake and the snowy peaks of Pitusiray. The path continues for an hour along a narrow ridge until dropping down into a beautiful secluded quarry filled with glacial lakes and rich in birdlife. The lip of the quarry descends into the next valley, following a series of cascading waterfalls to the village of Quishuarani (3,700m) about 1 hours easy walking. We will camp here for the night. *(Breakfast, Lunch, Dinner)*

## **Day 3: Quishuarani - Lares (thermal springs) - Ollantaytambo - Aguas Calientes**

Heading south through a small valley, walking around 3 hours downhill surrounded by beautiful landscapes, we will arrive to the road that will bring us to the town of Lares (3,100m). From the town we walk for around another 20 minutes extra to finally arrive at the hot springs of Lares. Here you will have the opportunity to enjoy a soak in the open air thermal springs (bring a swimsuit). At about 1pm our transportation will pick us up and depart for the town of Ollantaytambo. to go to Aguas Calientes by train late in the afternoon. Overnight in Aguas Calientes. *(Breakfast, Lunch, Dinner)*

#### **Day 4: Aguas Calientes – Machupicchu - Cusco**

It is an early start to Machupicchu to see the sunrise over this magnificent ancient city! We take the first bus up to the ruins of Machupicchu and have a fully guided tour of around 2 hours. Your extra time in the citadel is dependent on your return train time. In the afternoon we take the train back to Ollantaytambo where our driver will be waiting to transfer you back to Cusco in Private Transportation leaving you in your hotel. *(Breakfast)*

#### **INCLUDED**

- Pre-departure briefing in our office
- Collection from your hotel in Cusco and return in Private Transportation
- Professional English Speaking Mountain Guide (two guides for groups over 8 persons)
- Experienced Cook preparing delicious meals 3x a day
- Meals: 3 Breakfasts, 3 Lunches, 3 Dinners (we provide generous amounts of nutritious meals and beverages and have vegetarian, gluten, wheat free options available)
- Snacks enroute and tea time daily
- Boiled water to replenish your supply from Day 1 – Lunch time onwards
- Entrance fee into Machupicchu Sanctuary
- Roundtrip Bus from Aguas Calientes to Machupicchu
- Horseman to carry the camping equipment, ie tents, tables, chairs, etc.
- Duffel bags to put your luggage into
- Spacious good quality 4 man tents (for your comfort we put only 2 persons per tent). Single tents are available at additional cost if you do not want to share.
- Comfortable sleeping mats
- First Aid Kit carried by the Guide
- Hot water for washing in your tent every day
- Emergency Oxygen bottle and first aid kit
- Inca Rail or Expedition train ticket for group services
- Hotel in Aguas Calientes

**NOT INCLUDED**

Breakfast on the first day and Lunch on the last day in Aguas Calientes

Entrance to Huaynapicchu or Machupicchu Mountains – \$\_\_\_\_\_ per person payable via Paypal in advance so we can secure permits which are limited and therefore not guaranteed.

Single Tents (for persons not happy to share) - \$65 per tent

Single Room Supplement if required - \$\_\_\_\_\_per room

Personal Insurance – We highly recommend that you take out your own Travel & Medical Insurance before you leave your country!

Gratuities – In Peru it is customary to tip your Cook, Horseman and Trail Guide at the end of the trek, although this is entirely at your discretion.

**Price**

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